



Restoring Well-Being

Designing Effective Animal Assisted Therapy Programs

presented by the
Sonoma Humane Society

July 20–22, 2011





Forget Me Not Farm is a nationally recognized humane education and animal assisted and horticultural therapy program.

Since 1992, **Forget Me Not Farm** and the Sonoma Humane Society have been serving abused, neglected children in foster and group homes, children with developmental disabilities, homeless children and families; and matching foster youth with adult mentors.

We believe that our success with this program can be replicated elsewhere to the benefit of animals, animal welfare organizations, children at risk, and children with disabilities. That is why we have developed this three-day workshop.

Our mentoring program, an extension of the Farm program, is a one-on-one experience at the animal shelter, designed to teach vocational skills to children aging out of the core therapy program. All of our animal-assisted therapy programs are designed to prevent animal abuse.

Our *Program Replication Workshop* combines hands-on and classroom sessions designed to prepare participants to begin their own animal-assisted and horticultural therapy programs. The focus is on how to start a farm-based program and what it takes to keep it running; the therapeutic benefits and outcomes for the participating children; expanding to mentoring as an outgrowth of the farm program; and fund raising and program advocacy.

Forget Me Not Farm will show you a new way to approach animal welfare and the needs of children at risk.





Workshop Topics

The workshop is July 20–July 22, 2011.

- Understanding the impact of abuse and neglect on children.
- Teaching impulse control and empathy with a clicker and treats
- The therapeutic potential of animals and gardens
- Tailoring interventions for children with special needs
- Developing unique relationships: Collaborating with government agencies, community special interest groups and other not-for-profit organizations
- Mentoring programs in Humane Societies or Animal Control Agencies
- Animal selection for therapy scenarios
- Fund raising ideas and inspirations
- Volunteer recruitment and training

We encourage “working farm” apparel for all three days. A complete syllabus will be in your workshop program or available for download before July 20th.

Who Would This Workshop Benefit?

- Humane Educators
- Social Workers
- Teachers of Special Needs Children
- Mental Health Professionals
- Group Home Managers
- Master Gardeners

Who Would Your Program Serve?

Potential recipients come from a multitude of sources.

For instance, **Forget Me Not Farm** serves children from the following area agencies and programs:

- Sonoma County Office of Education
- Sonoma County Mental Health
- Valley of the Moon Children’s Home
- YWCA Therapeutic Preschool and
- Battered Women’s Shelter
- North Valley School—Emotionally Disturbed Deaf Youth
- True to Life Counseling—Residential Youth Facility
- The Living Room—Homeless Women and Children
- Several Level 12 & 14 Group Homes

Participation is very limited. Please register early.

Register at <http://tinyurl.com/wellbeingregistration>

Animals grow into...companions

Seeds grow into...life

Adults grow into...mentors

Children grow into...caring adults



Forget Me Not Farm
Children's Services

Contact Information

For more information please contact

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Workshop Fee Schedule

Workshop fees do not include accommodations or meals away from the site.

For one person\$450.

For second person from same agency\$350.

For third person from same agency\$250.

Included in the fee:

- Extensive *How-To Manual* in hard copy and electronic form*
- *Volunteer Handbook* in hard copy and electronic form*
- Two hours of phone consultation over the subsequent six months*
- Workshop tote bag & T-shirt
- Lunch Meal and Break Refreshments each day

** Manuals, Handbooks, and Consultations available to full price participants only. Second and third persons from the same agency receive the tote bag and T-shirt or the T-shirt respectively.*



Register at <http://tinyurl.com/wellbeingregistration>